

Illawarra Shoalhaven Suicide Prevention Collaborative

Breakfast Meeting Minutes – 9 September 2015

Venue: IHMRI Level 3.301

Attendees:

Dr Vida Bliokas	IHMRI, MHAB- Clinical Theme Leader; ISLHD
Prof Brin Grenyer	IHMRI, MHAB- Academic Theme Leader; UOW
Dr Mitch Byrne	UOW, School of Psychology; Mind the Gap Planning Group
Dr Coralie Wilson	UOW, School of Medicine; Mind the Gap Planning Group
Prof Frank Deane	Illawarra Institute of Mental Health, Director; UOW, School of Psychology
Mr Grahame Gould	Director – Lifeline South Coast
Dr Alex Hains	Grand Pacific Health, Mental Health Manager
Ms Erin Hiesley	Partners in Recovery, Manager
Ms Dianne Kitcher	Coordinaire, CEO
Ms Di Knight	Grand Pacific Health, General Manager Clinical Services
Prof Lorna Moxham	UOW School of Nursing; Southern Health Research Alliance, member
Mr Tim Coombs	ISLHD Nurse Manager - Mental Health

1. Preliminary Business

1.1 Apologies:

Dr Andrew Bonney	UOW, School of Medicine; SIMLR Project
Mr Darren Mayne	ISLHD, Epidemiologist; SIMLR Project
Mr Ron de Jongh	Grand Pacific Health, CEO
Ms Paula Hakesley	ISLHD, Director Mental Health
Prof Alison Jones	UOW, Executive Dean SMAH Faculty; Mind the Gap Planning Group
Ms Margot Mains	ISLHD, CE
Dr Margaret Rose	ISLHD, Director Research Governance; Southern Health Research Alliance, member
Dr Melinda Williams	Peoplecare, Head of Hospital & Health Services; Southern Health Research Alliance, member
Mr Toby Dawson	IRT Foundation, Manager; Southern Health Research Alliance member
Mr Alan Woodward	Lifeline Foundation, Research Director
Ms Lynn Langhorn	ISLHD, Operations Manager- Mental Health

2. General Business

2.1 Welcome and Introduction

Vida Bliokas and Brin Grenyer welcomed the members and introduced the proposed creation of the Collaborative.

Alex Hains from GPH was invited to present background information about the Suicide Prevention Conference he attended in Hobart which discussed the government's intention to address the national issues of Suicide Prevention (attached doc – NSW framework)

2.2 Round Table Discussion of Proposal

The proposal was supported by the members with discussion focusing on what steps should be taken first to establish the group's direction. Frank Deane and Mitch Byrne suggested a review of the existing research and data available in the Illawarra/Shoalhaven.

It was agreed there are more organisations and community representatives to include, such as representatives from the Indigenous and Torres Strait Islander community, ISLHD, youth, the education system, police and ambulance.

Coralie Wilson, in her role as a consultant researcher provided insight into the *'Transforming Suicide Prevention Research: A National Action Plan'* (enc) which was due for release on Sept 10th, National Suicide Prevention Day.

2.3 Initial steps

Brin Grenyer and Vida Bliokas offered IHMRI Theme Funding to cover a project manager to gather some preliminary data/review existing research. Linda Cohen has since been engaged.

Participants were invited to email suggested contacts who would be appropriate to involve in the next stage.

It is noted that all participants in the initial meeting were very positive of the creation of the Collaborative and keen to assist in it going ahead.

A media release was issued the same day:

<http://www.illawarramercury.com.au/story/3333510/suicide-targeted-by-illawarra-health-experts/>

3. Close of Meeting

The next meeting will be held on Wednesday 7th October 2015 at 7.30am with additional representatives